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Recovery After Robotic Prostate Removal

Your doctor may call this: robotic radical prostatectomy

A guide for patients and families

In the Hospital

Most men go home after 1 or 2 nights. You will walk on the evening of surgery or the next morning.

Your Urine Tube (Catheter)

It stays in for 1 to 2 weeks while the bladder heals.

- Use the leg bag by day and the big bag at night.
- Keep the bag below your belly. Empty it when half full.
- Wash where the tube enters the penis twice a day with mild soap.
- Pink urine, slight leaking around the tube and bladder cramps are normal.
- Never pull on the tube. If it falls out, do not push it back: call us.

Cuts, Pain and Activity

- Shower from the next day and pat the cuts dry. No bath or swimming for 2 weeks.
- Bruising of the penis and testicles, and shoulder pain from the surgery gas, go away.
- Take pain medicines regularly for the first few days.
- Walk every day. Lift nothing over 5 kg and no sport for 4 to 6 weeks.
- No driving while the tube is in. Light work after 2 to 4 weeks.
- Avoid constipation and do not strain on the toilet.

After the Tube Comes Out

- Leaking is normal at first. Bring pads to the visit.
- Control comes back over weeks to months. Do pelvic floor exercises daily: squeeze the muscles that stop your urine, hold, relax.
- Erections return slowly, often over many months. Orgasm is still possible, but without fluid.

Your Results

Dr. Saoud will go over the lab results at your first visit. Your first PSA blood test is 6 to 8 weeks after surgery.

Call Us Straight Away If

- Your temperature is 38°C or higher, or you are shivering.
- No urine comes into the bag and your lower belly is full or painful.
- There is heavy bleeding or large clots.
- A cut is red, hot, swollen or leaking pus.
- A leg is painful or swollen, or you have chest pain or trouble breathing: call 140.

Questions after your surgery? Call Dr. Saoud's clinic at AUBMC: 01-350000, ext. 5800. For an emergency, call 140 or go to the nearest emergency department.

This guide gives general information. Always follow the specific instructions that Dr. Saoud and your care team give you.